

M.A.Y Mentoring Newsletter

October 2024



M.A.Y Mentoring
Links to LNX (E-Mentoring)
MC²
Mustang Mentors

Lindsey Roberts
601 Dr. Creighton Circle
Shenandoah, Iowa 51601
Office: 712-246-2520 (Ext 6016)
Cell: 515-689-9609
Email: robertslin@shencsd.com

M.A.Y Volunteer Opportunity

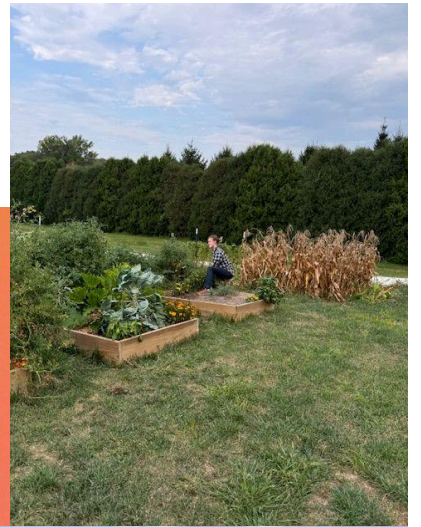
September 5, 2024

We held our first Volunteer opportunity for M.A.Y Students and we had about 5 people attend the first event at Shenandoah Medical Center Hospital Community Garden. We did clean up in the vegetable beds and around them. We also talked as a group on how to utilize the community gardens better and to encourage others to share in the wonderful space. The students and mentors worked hard and did an excellent job cleaning up all the weeds.



" **SMALL ACTS, WHEN MULTIPLIED BY MILLIONS OF PEOPLE, CAN TRANSFORM THE WORLD.** "

- HOWARD ZINN



M.A.Y Fall Kick-off

September 15, 2024

We kicked off the year at SportsPlex for M.A.Y Mentoring. This was a fun event where mentors/mentees and all family members come together to celebrate the beginning of another wonderful year. Sapp Brothers propane allowed us to borrow their big grill- Mike and Carol Cox cooked all the hotdogs and helped with go-carts. Water was donated by Ryan Baker the manager at Hy-Vee. Dave Hughes and his staff had batting cages, mini golf, bounce houses, jungle gym and Go-carts ready for the kids and adults. A few high school students came to do some fall fun face painting for the kids as well. In all we had a great turn out. Thank you all for a wonderful day of visiting, laughing and creating memories with the students.



MC² Breakfast Club: Adam Wright

September 18, 2024

Our first Breakfast club speaker of the year for MC² was Adam Wright, a Shenandoah graduate and President of Northwest Bank. Adam spoke about his path, career journey and aspirations. He explained to the students that his path was not linear and he had to understand his "why" to figure out where he was going. Once he was able to understand his "why," he was able to work hard to accomplish his goals. Adam is the President of Northwest Bank in town and he spoke about the culture and work environment that he has created and how he wants to lead. Encouraging students to think about the big and small things when searching for the right job. Be willing to take guidance and advice from those willing to give it to you.



FIND YOUR
WHY
AND YOU'LL FIND YOUR
WAY.

- JOHN C. MAXWELL

Little Hills



Sports Pass

September, 2024

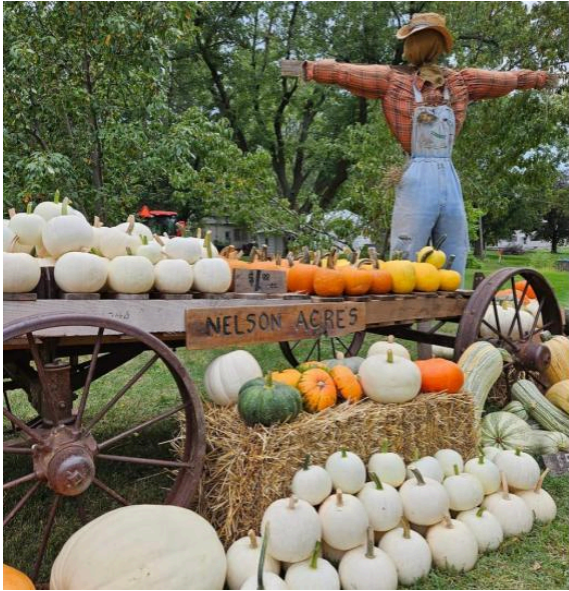
If you are a mentor interested in getting a sports pass to take your mentee to sporting events. Please contact **Kayla Michaelson** at the High School and she will get your complimentary activity pass. You just need to let her know that you are with M.A.Y Mentoring.

The pass will look something like this:



Upcoming Events

October 2024



Nelson Acres Pumpkin Patch

Date: October 20, 2024

Time: 4:00-6:00 Pm

Place: Nelson Acres 1441 270th St Coin, Iowa 51636

Info: Hayrides, corn Maze, Pumpkin patch & decorating, S'mores, games and Face painting.

Lindsey Roberts

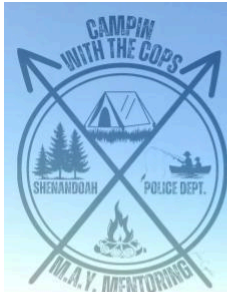
Mentoring Coordinator

601 Dr. Creighton Circle.

Shenandoah, IA 51601

Office: 712-246-2520 Cell: 515-689-9609

robertsliin@shenandoah.k12.ia.us



Fall Fishing Event

Date: October 23, 2024

Time: 5:00 pm-7:00 pm

Place: Rapp Park

Fishing Poles, Bait, & Dinner provided.



All students who attended Campin with the Cops in the summer.

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Lindsey Roberts
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robertsliin@shenandoah.k12.ia.us

M.A.Y Mentoring Fall Field trip

Date: October 26, 2024

Time: 8:30am-3:00pm

Location: Kiewit Luminarium, Omaha Nebraska

Sign-up: <https://forms.gle/sYbGYQDmYNQUt6yf7>

Info: We will provide transportation, lunch and snack, and a t-shirt.



M.A.Y Event Yearly- Calendar

2024-2025

October

October 20, 2024, (4:00-6:00 PM) Nelson Acres Pumpkin Patch

October 23, 2024, (5:00-7:00 PM) Campin with the Cops- Fall Fishing Event

October 26, 2024 (8:30am-3pm) Kiewit Luminarium Field trip

November

November 14, 2024 Bingo for Books- Hosted by School

November 17, 2024 (4-6pm) Friendsgiving Dinner with Movie

December

December 8, 2024 (3-5pm) Christmas Party & Bingo Event

December 11, 2024 (5:30-7:00 PM) Campin with the Cops Holiday Party

December 14, 2024 (9-11am) Volunteer @ Nursing Home

Early Out Wednesdays

October 2024

Starting in October, M.A.Y Mentoring will hold activities on Wednesday from 1:45-4:00 pm at the Wesley Hall building located 200 Church Street. Our plan is to provide a healthy snack, fun activities such as art, nature, kindness, healthy mind and body, good citizens and community helpers. If your student is wanting to join please sign up using the following link:

<https://forms.gle/M7SYxFGJPrYTFXRNg> this gives us a head count and knows who we are meeting at the bus stop. You will need to make the changes in SchoolPass for your child to ride second round SAC and SAVE bus.

Join the MAY Mentoring Facebook page for more information.

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Fall 2024- Topics

October 2: Sunflowers
October 9 Apples
October 16 Leaves
October 23 Acorns
October 30 Halloween
November 6 Fall Fun
November 13 Turkeys
November 20 Thankfulness
December 4 Winter Tree
December 11 Ornaments
December 18 Holiday

Date: Wednesdays
Time: 1:45 PM-4:00 PM
Place: Wesley Hall Building
200 Church St
Shenandoah, Iowa

Come join us for fun
activities, crafts, games,
and a snack.

Community Event Opportunities

<u>Farragut</u>	<u>Shenandoah</u>	<u>Essex</u>
<p>Library Every Wednesday 1-3:30pm</p> <p>October 27, 2024 Trunk-O-Treating @ Farragut Park 3-4:30 PM</p>	<p>Library October 3, 2024 Lego Club (4pm) October 8, 2024 Plushie Class (4pm) October 9, 2024 Tissue Paper Art (2 PM) October 16, 2024 Emily Experiments (2 PM)</p> <p>October 30, 2024 (Downtown Trick-O-Treating (4-6 PM)</p>	<p>Porter's Lake Skating Rink October 4, 2024 (6-8 PM)</p> <p>Halloween party October 18, 2024 (6-8 PM)</p>



*Scan code to become a M.A.Y
Mentor...Share with others.*